



# WIZARDS LACROSSE

NORTH EDMONTON MINOR BOX LACROSSE NEWSLETTER



March means one thing in the lacrosse world – the season is about to drop.

Gear and equipment tips. Coach clinic details. Whether this is your first lacrosse season or your fifth, we're excited to welcome everyone back to the floor.



## KEY DATES AT A GLANCE

- Mar 19 Coaching Clinic (U13+)
- Mar 20 U7-U17 Practices Begin
- Mar 21 U17 Team Alberta Tryouts
- Mar 30 - Apr 6 Edmonton Spring Break [EPSB, ECSD]
- Apr 2 Coaching Clinic (U7-U13)
- Apr 8 Coaching Clinic (U13+)



Apr 11-12 League Season Kickoff  
U9/U11 Jamboree

Apr 13-17 U9-U17 League Games Begin

Apr 25-26 U7 Jamboree [Host: GELC]

*A FULL OVERVIEW OF THE ENTIRE LACROSSE SEASON IS AVAILABLE FOR YOU ON OUR WEBSITE, UNDER THE MENU FOR PARENTS > ANNUAL LACROSSE INFORMATION*

## !! Help! We Need Team Goalies This Season!

We are actively recruiting goalies in the U11 and U17 age divisions for the season. Your player would receive a 50% refund on their registration fees.

**New to the goalie crease? That's okay!**

We welcome first-time goalies and are happy to help brand new players. Please email interest to [registrar@wizardslacrosse.ca](mailto:registrar@wizardslacrosse.ca)



## Volunteer Commitment Friendly Reminder...

Please sign up for your **Bingo** or **Casino**. Details regarding **Event Help** are coming soon. **Team Role** positions are limited. Parents may be asked to switch commitments.

If you have any questions, please email [fundraising@wizardslacrosse.ca](mailto:fundraising@wizardslacrosse.ca)



# REGISTRATION UPDATE

PLAYERS ARE BACK ON THE FLOOR AND READY TO SCORE

## New Players Get Discounted Pricing Until May 15th

All new players who register for the upcoming season will receive early-bird pricing right up until registration closes for the season.



Whether your player is brand new to the sport or coming from another activity, **we're excited to welcome them** to the floor and help them get started in a friendly, fun, and supportive environment.



## Female-Only Players

Wizards Lacrosse is proud to support the continued growth of our female-only divisions, and we're **excited to see more girls picking up a stick** and joining the sport each season.

Because registration numbers vary year to year **families will be contacted directly by the club to discuss the best available playing options.** This would include:



- ◆ **Merging a Female-only team with another club**  
This allows athletes to still compete in a female division while ensuring enough players for a full roster.
- ◆ **Playing Co-ed with the Wizards**  
Players may also choose to remain with the Wizards and participate on a co-ed team within their age division.

Our priority is to make sure every athlete who wants to play lacrosse **has a place to play**, develop their skills, and enjoy the season. **If you know a girl who might enjoy the sport, there's still time to register.**



## REGISTRATION QUESTIONS?

To help keep things running smoothly, all registration-related questions are handled by one person: our Registrar Leanne!

She oversees player registration, club transfers, RAMP updates and confirmations, registration troubleshooting, and Respect in Sport troubleshooting. **If you have any questions, please email [registrar@wizardslacrosse.ca](mailto:registrar@wizardslacrosse.ca)**



# EQUIPMENT CHECK

EVERY GREAT WIZARD STARTS WITH A STICK



## Gear Check: Is Your Player Ready?

Before the season starts, now is the perfect time to dig out last year's gear and make sure everything still fits.

Players grow fast, and nothing slows down the first practice like realizing gloves suddenly fit like toddler mittens.

Here's a quick equipment checklist for box lacrosse:

- Helmet with cage
- Lacrosse gloves
- Shoulder pads
- Arm guards / elbow pads
- Kidney pads
- Lacrosse stick
- Mouth guard
- Athletic cup or jill
- Indoor running shoes (non-marking)

*A FULL OVERVIEW OF ALL EQUIPMENT NEEDED IS AVAILABLE FOR YOU ON OUR WEBSITE, DETAILED PER AGE DIVISION, UNDER THE MENU*

**FOR PARENTS > PLAYER EQUIPMENT**

## First-Year Parent Gear-Guide

### Why Used Equipment Makes Sense

If your player is new to lacrosse, walking into a sporting goods store and seeing a wall of pads, gloves, helmets, and sticks can feel a little overwhelming. **THE GOOD NEWS? You don't need to buy the most expensive gear to get started.**

Many consignment and second-hand sports stores (like **Play It Again Sports**) carry lacrosse gear such as helmets, gloves, pads, and sticks at significantly reduced prices. It's a great way to test the sport before investing in premium gear.

**Once your player has completed a season or two and you know they love the sport,** that's usually the time to invest in higher-end equipment that will last longer and better match their playing style. For now, get your player safely on the floor and having fun.



## Helpful Gear Tips:



**Fit matters more than brand.** Comfortable gear helps players move freely and enjoy the game.

**Lacrosse sticks don't need to be flashy or expensive.** Many beginner sticks work perfectly for learning passing, catching, and shooting.

**Ask other lacrosse parents.** The Wizards community is incredibly helpful, and many families are happy to share advice on gear and sizing.





# COACHES CORNER

CELEBRATING A BEAUTIFUL GOAL... IN THE WRONG NET. CHARACTER BUILDING MOMENT!

## LEAD BEHIND THE BENCH

### Register Now for Coaching Clinics



Lacrosse doesn't run without coaches — and every season we rely on parents, former players, and community members to step forward and help lead our teams. **Upcoming GELC coaching opportunities are designed specifically for new and developing coaches.** They provide the foundation needed to step behind the bench and support our athletes this year.

If you are a new coach this season, please see our website for **coaching clinic details and how to sign-up**, and contact the Coaching Director with any questions.



### UPCOMING COACHING CLINICS + OPPORTUNITIES

**Community Development**  
(Virtual)

~~March 9, 2026~~  
April 2, 2026

**Competition Introduction**  
(Virtual)

~~March 19, 2026~~  
April 8, 2026

Register at: [gelc.ab.ca](http://gelc.ab.ca)



## SPOTLIGHT - EQUIPMENT DIRECTOR & COACH *BRIAN SORENSEN*



### THE HEART BEHIND THE GEAR: BRIAN'S DEDICATION TO WIZARDS LACROSSE

If you've spent any time around Wizards Lacrosse, chances are you've met Brian. Whether behind the bench or quietly helping wherever he's needed, Brian brings a calm presence, steady leadership, and **a genuine love for the kids and the game.**

Brian's lacrosse journey began in 2016. A longtime hockey coach, he first found himself "lurking around the lacrosse rink," **watching his older grandsons discover the sport of lacrosse.** Before long, the game pulled him in as well.

In 2017, a fellow hockey coach — now a lacrosse coach — asked if he would consider helping as an assistant lacrosse coach. Brian said yes, and since then, he has been with the Wizards each season, sharing his experience and mentoring young athletes.

In 2018, Brian took on another important role when **he was asked to join the Wizards Board and organize the club's equipment program.** Drawing on his experience as equipment manager with St. Matthews Hockey Club and the Knights of Columbus, he stepped in and helped transform the system into the organized operation it is today.

For Brian, **the Wizards Lacrosse Club is family — quite literally.** Six of his grandchildren have played or currently play for the Wizards. Today, Brian continues to serve as Equipment Director and assistant coach, always ready to lend a hand. Wizards Lacrosse is stronger because of dedicated volunteers like him.



# RESOURCES & SUPPORT

POWERED BY VOLUNTEERS WHO CELEBRATE GOALS LIKE THE STANLEY CUP.

## QUESTIONS? We're here to help!

Have a question and not sure where to find the answer? The **first place to look is our website**, as it is updated on a regular basis and it's a great tool for new and returning families.

- Help with **How to Register** is under the **Join Lacrosse** menu.
- Age division information is available under each **age category homepage** (ie. U7 Homepage, U9 Homepage).
- Head Coaches and Managers will be updating division calendars **once teams are formed** (ie. U9-1, U9-2).
- The **For Parents** menu has a variety of helpful info, including: volunteer info, equipment breakdown, and an arena locator.

All Board members are also available to answer your questions. Responsibilities and contact information are directly available through links on the website homepage.



## Capture a Great Lacrosse Moment? Share It!

Send us your photos, milestones, and team highlights so we can feature them in our newsletters and socials. We love celebrating our players – big wins, small wins, team moments, and everything in between!

Thank you for helping us highlight amazing things happening in our club!

## Does Your Workplace Support Youth Sports?

Our Wizards community is full of **amazing families connected to local businesses**. If your workplace or a business you know supports youth sports, we'd greatly appreciate you sharing this email or making an introduction.

Sponsorship opportunities create a unique win-win: **we advertise your business** while you support our club members. **Sponsorships start as low as \$150.**

**READY TO BECOME A SPONSORSHIP PARTNER?**  
Download our **Sponsorship Package** on our website.



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